

Samadi Bali

Yoga Private Class Form

"Be the change you want to see." Gandhi

Personal Details:

Name:		Occupation:	
Date of Birth:		Fitness level:	
Date/s for classes:		Address where class will be held	

Yoga Experience:

Please circle your yoga level....	BEGINNER	INTERMEDIATE	ADVANCED	EXPERT
How many years have you been practicing yoga?				
How many times per month do you practice, on average?				
Where do you usually practice?				
What styles of yoga do you enjoy?				

Yoga Goals:

Please circle to show which of the following are important to you? NB. If you choose "other" please tell us more!

I want to get...				
Fitter	Stronger	More flexible	More peaceful	Other
I want to feel...				
Blissed out	Powerful	Playful	Focused	Other
I'd like to learn about...				
Meditation	Breathing	Yoga Philosophy	Chanting	Other
I'd like to be better at...				
Breathing	Balance	Stilness	Inversions	Arm Balances
Forward Folds	Back Bends	Meditation	Vinyasas	Other

Use the space below to give any information about what you would like to do in your private class. This could be any specific goals, areas of enquiry, poses which you struggle with or any other aspect of yoga...

Health & Wellness:

Do you have ANY pain or injury in any area of your body? (If "yes" please give details)

Have you EVER had a serious injury to any part of your body? (If "yes" please give details)
Is there ANYTHING else we should know about you? (If "yes" please give details)

Prices in Indonesian Rupiah

60 min 1200 IDR for 2 pers. Each extra person 100 IDR

90 min 1500 IDR for 2 pers. Each extra person 120 IDR

Groups

5-9 pax = IDR 1.500.000

10-20 pax = IDR 2.000.000

+20 pax = IDR 2.500.000

Classes conducted off site Samadi

Travel Charge to the location 250 IDR for each private session if outside Samadi

Yoga Equipment 50.000 / yoga pack (mat + block + strap..)

Prepayment of the Class is required in order to confirm the class

Paid in full within 24 hours of reservation via bank transfer, at reception in Samadi or paypal.

If class is cancelled within 24 hours after payment there is no cancellation fee

If class is cancelled after 24 hours 50% charge

No show there is no refund.