

## Events

### GONG BATH

**Every Monday @13:30-15:00 With Abdi**  
**Pre Registration! Not suitable for pregnant women**  
Relax your mind in the rhythm of the  
Gong and Sound Healing  
**Price: 275 IDR**

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### ART THERAPY THROUGH MANDALA

**Every Wednesday @13:30-16:30 With Abdi**  
Get diagnosed on the imbalance in your body  
and reset it with the Mandala Therapy.  
**Price: 500 IDR**

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### WOMEN'S CIRCLE

**Saturday 7th @12:30-14:30 With Deva**  
A self healing and self loving place for women  
**Price: 165 IDR**

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### SAMADI FLEA MARKET

**Saturday 14th @10:00-15:00**  
Re-cycle, new-cycle, and up-cycle

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### KIRTAN & BHAJAN

**Saturday 14th @19:30-20:30. With Ana Lu**  
Power of sounds, vibrations,  
& mantra chanting **Price: 140 IDR**

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### THE BREATHWORK JOURNEY

**Saturday 21st @13:00-14:30**  
**With Indri Hapsari**  
Practice your conscious and connected  
breathing technique to release tensions  
**Price: 220 IDR**

## September Workshops

### ANCIENT CHINESE MEDICINAL FOOD & SACRED GONG BATH

**Sat 14th @10:30-14:00 With Willy & Abdi**  
Replenish your Qi with the traditional Chinese recipes  
and relax your mind with the sacred gong bath.

#### This workshop includes:

- Demonstration, to prepare a Chinese Medicinal Soup
- Lecture on Chinese herbs and their properties
- Light meal
- Sacred Gong Bath and Sound Healing
- Serving Chinese Medicinal Soup and desserts

#### Pre Registration & More Information

[www.samadibali.com/event-workshops](http://www.samadibali.com/event-workshops)  
**Price: 900 IDR**

### MEDITATION FUNDAMENTALS

**Thur.12th - Sat.14th @14:00-15:00 With Agathe**  
Join this 3 days workshop to discover the benefits of and learn  
the foundation for building a daily meditation practice.  
**Price: 300 IDR for all 3 days**

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### AWAKENING YOUR INNER BUDDHA

**Sat.14th @12:30-15:00 With Lola**  
Move out of your mind and come back into your heart, where  
your peaceful Buddha is waiting for you.  
**Price: 250 IDR**

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### THE FUNDAMENTALS OF YOGA FOR CHILDREN

**Sat.28th @13:00-15:30 With Jeannie** Focusing on yoga  
teachers, nursery & primary school teachers, therapists,  
parents or anyone who would like to introduce yoga &  
mindfulness into the lives of children aged 3-12.  
**Price: 350 IDR**

## Special Events

### MOVIE NIGHT

**Wednesday 4th @19:30**  
"Campuhan"- A rare glimpse of Magical Bali  
Get to know Bali's origin and savour. joint  
collaboration between Jacquelyn Sy & Jonathan  
Clark to give Mother Nature a voice and aid in  
her preservation for the benefit of generations to  
come. **Film followed by a Q & A session**  
Movie info, please visit: [www.samadibali.com](http://www.samadibali.com)

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### YOGA PSYCHOLOGY WORKSHOP SERIES

**With Charlotte 3rd/4th/10th/11th @9:00-11:30**

#### "Find Your Shine"

Why do we fear and how can we deal with it?

#### "Reconnect to Your Creative Self"

How do we create a state of flow?

#### "Staring into the Eyes of Shame"

Take your inner child by the hand and give it the  
love you know you deserve

#### "Healing the Emotional Body"

Heal the original wound that you keep opening  
in every heartbreak

#### Psychology series all 4 sessions

**Price: 1000 IDR**  
**or Individual Workshop 300 IDR**

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### BALINESE CULTURAL NIGHT

**Friday 20th @19:00**  
Balinese Dinner & beautiful performance by the  
Gamelan Musicians & Traditional Balinese  
Dancers. **secure your space, Please visit:**  
[www.samadibali.com/event-workshops](http://www.samadibali.com/event-workshops)  
**Price: 200 IDR**

